

Lhasa-Kailash and Mansarovar-Lhasa Tour

Facts

Destination: Tibet

Trip Difficulty: Hard

Trip Style: Tour

Food: Breakfast,Lunch,Dinner(BLD)

Accommodation: 3-5 Star Hotels & mud houses & dormitories

Max Elevation: 5,800 m

Route:: Kathmandu - Lhasa – Shigatse – Saga – Mansarovar – Yama Dwar – Dhirapuk –Zutulphuk – Zongdou – Darchen – Saga – Shigatse – Lhasa – Kathmandu (Trek Starts in Yama Dwara and ends in Zongdou)

Best Season: Mid May to September

Remarks: Foreigners supplementary \$250

Immerse yourself into the vast landscapes of Tibet. Climb the highest passes. Follow the pilgrim circumambulation around Mount Kailash and take a holy bathe in Lake Mansarovar. This trip is packed with adventure and variety from Tibetan culture and architecture in Lhasa to the rugged and diverse landscapes en-route to Asia's most sacred mountain peaks.

Highlights

- Get up close with one of Asia's most sacred mountain peaks.
- Circumambulate around Mount Kailash.
- Bathe in the holy Lake Mansarovar.

- Trek Tibet's high mountain passes and along rugged trails.
- Experience the residence of the Dalai Lama in Lhasa.

Day to Day Itinerary

Day 01: Arrival In Kathmandu (TIA to Hotel: Approx 30 minutes):

Day 02: Full Day Sightseeing Tour Within Kathmandu:

Day 03: Fly, Kathmandu To Lhasa (Gonggar Airport to Lhasa city: 65 km | 1 hr):

Day 04: Lhasa Stay- Sightseeing Tour:

Day 05: Drive, Lhasa To Shigatse (Via Northern Highway) (Lhasa to Shigatse: 270 km | 5 hrs.):

Day 06: Drive, Shigatse To Saga (Shigatse to Saga: 446 km. | 7 hrs):

Day 07: Drive, Saga To Lake Mansarovar (Saga to Lake Mansarovar: 455 km | 6 hrs):

Day 08: Lake Mansarovar To Darchen (Mansarovar – Darchen- 32km | 45 minutes.):

Day 09: Drive To Yama dwar Then Start Parikrama To Dhirapuk (Yama Dwar to Dhirapuk- 10km | 5 to 6 hrs trek):

Day 10: Trek To Shivasthal, Gauriunda (5,620m) Then Zutulphuk (Deraphuk to Zutulphuk: 22 km | 9 hours):

Day 11: End Trek In Zongdau, Then Drive Back To Saga (Zongdau to Darchen: 5 km (30 minutes) , (Darchen to Saga: 490 km | 8 hours drive):

Day 12: Drive, Saga To Shigatse (Saga to Shigatse: 491 km. | 7 hrs):

Day 13: Drive, Shigatse To Lhasa (Shigatse to Lhasa: 270 km | 5 hrs):

Day 14: Fly, Lhasa To Kathmandu:

Day 15: Departure From Kathmandu:

Cost Includes

- Three nights Hotel in Kathmandu on twin sharing basis.
- All meals (breakfast, lunch & dinner) in Kathmandu.
- Sightseeing tour within Kathmandu valley as per the program.
- Kathmandu- Lhasa- Kathmandu flight ticket.
- Sightseeing tour within Lhasa (Potala, Jokhang & Barkhor and Sera Monastery).
- Sightseeing entry fees for Jokhang temple and Sera Monastery.
- Chinese group visa.
- All necessary travel permits and other necessary documents.
- Lhasa- Kailash- Lhasa transfer by luxury Bus.
- Emergency vehicle.
- English/ Hindi speaking Chinese guide.
- Entry fees for Kailash & Mansarovar area.
- Yak and Yak man during the parikrama to bring food & logistics.
- Accommodation in Tibet in Hotel and guesthouses on sharing basis (as mentioned).
- Nepali staff team (Cook, tour manager and sherpas).
- All vegetarian foods & bottled drinking water for the entire journey.
- Oxygen cylinder and medical kit bag.
- All applicable taxes and service charge.

Cost Excludes

- Your travel Insurance.
- Tips & gratitude for staff.
- Emergency rescue and evacuation services if required.
- Entry fees to explore inside Potala Palace.
- Laundry bill/ telephone bill/ personal expenses.
- Horse & porter.



- Drinks & beverages such as coke, Fanta, juice, red bull etc.
- Any additional expenses that occurs due to natural calamity and unforeseen circumstances.
- Any service that is not mentioned above.