

Gokyo Chola Pass Trekking

Facts

Destination: Nepal

Trip Difficulty: Hard

Trip Style: Trekking

Transport: Flight

Food: Breakfast (Optional Lunch and Dinner)

Accommodation: Budget Hotels & Mountain Lodges

Group Size: Min 2

Max Elevation: 5555M

Welcome to the mesmerizing world of adventure! Embark on an unforgettable journey as we take you through the breathtaking landscapes of the Gokyo Chola Pass Trekking, where you'll conquer the iconic Everest Base Camp before facing the thrilling challenge of crossing the high-altitude pass of Cho La. Prepare to be amazed by the raw beauty of the Everest region, where nature's grandeur unfolds before your very eyes.

Your adventure begins in Lukla, a small mountain town that serves as the gateway to the Everest region. As you ascend through lush green forests and picturesque Sherpa villages, you'll catch glimpses of towering peaks, including the mighty Mount Everest. The trail gradually leads you to the legendary Everest Base Camp, where you'll stand at the foot of the world's highest peak, surrounded by a majestic panorama of Himalayan giants. Take a moment to soak in the remarkable achievement and feel the sense of accomplishment that comes with reaching this iconic landmark.

From Everest Base Camp, your journey continues as you face the exhilarating challenge of crossing the Cho La Pass. This high-altitude pass offers a thrilling adventure and rewards you with breathtaking views of the Everest and Makalu regions. Traverse through icy glaciers and rugged terrain as you make your way to the tranquil Gokyo Valley, home to a series of stunning lakes nestled amidst snow-capped peaks. Prepare to be captivated by the ethereal beauty of these crystal-clear lakes, reflecting the surrounding Himalayan giants.

Immerse yourself in the Sherpa culture as you interact with the warm and hospitable local communities along the trail. Learn about their rich traditions and gain insights into their mountaineering heritage. Stay in cozy teahouses, savoring delicious local cuisine, and bonding with fellow trekkers, sharing stories of adventure and camaraderie.

Throughout the Gokyo Chola Pass Trekking, you'll be accompanied by experienced guides who ensure your safety and provide invaluable knowledge about the region. They will lead you through some of the most spectacular landscapes on the planet, ensuring you have an unforgettable experience.

So lace up your boots, pack your sense of adventure, and get ready to embark on a journey that will leave you breathless. The Gokyo Chola Pass Trekking promises to be an epic adventure, taking you to new heights, both literally and figuratively. Are you ready to conquer



Everest Base Camp, stand at the foot of the mighty Mount Everest, cross the thrilling Cho La Pass, and create memories that will last a lifetime? Join us on this incredible journey, let nature's grandeur leave you awe-inspired, and make your way to Everest Base Camp, the pinnacle of mountaineering achievements, followed by the breathtaking beauty of the Gokyo Valley and the challenging Cho La Pass.

Highlights

- Everest Base Camp - Stand at the foot of Mount Everest, the world's highest peak.
- Gokyo Valley - Explore the tranquil valley with its stunning turquoise lakes.
- Cho La Pass - Cross the high-altitude pass and enjoy panoramic views of Everest and Makalu regions.
- Sherpa Villages - Immerse in the rich Sherpa culture and hospitality.
- Scenic Landscapes - Experience lush forests, waterfalls, cliffs, and snow-capped peaks.
- Teahouse Experience - Stay in cozy teahouses, savoring local cuisine and bonding with fellow trekkers.

Day to Day Itinerary

Day 01: Arrival in Tribhuvan International Airport, Kathmandu(1345M)

Day 02: Pre-trip discussion and explore around Kathmandu Valley

Day 03: Early morning flight to Lukla Airport(2840M) and Hike up to Phakding

Day 04: Trek to Namche Bazaar(approx. 5 hours)(3440M)

Day 05: Rest/Acclimatization day in Namche Bazaar

Day 06: Trek to Tengboche Monastery(3860M) around 5 hours

Day 07: Trek to Dingboche (4410M) about 6 hours.

Day 08: Day Hike to Chhukung Valley(4730M) and back to Dingboche

Day 09: Around 5 hours trek to Lobuche(4910M)

Day 10: Trek to Everest Base Camp(5364M)

Day 11: Early Morning hike to Kala Patther(5550M) and Trek to Zongla(4860M)

Day 12: Trek to Thangna (4700m) via Cho-La pass (5420m) around 7/8 hour.

Day 13: Trek to pristine Gokyo Lake(4790M)

Day 14: Early morning hike to Gokyo Ri (5483m) and Trekback to Machhermo (4470m) 5/6 hour.

Day 15: Trek back to Namche Bazaar(3440)

Day 16: Trek back to Lukla(2840M)

Day 17: Fly back to Kathmandu from Lukla

Day 18: Departure from Kathmandu Airport

Cost Includes

- Convenient transportation to and from Tribhuvan Airport.
- Enjoy a comfortable stay of three nights in a 2-3 star hotel in Kathmandu with breakfast provided.
- Seamless transportation arrangements for the entire trek, including flights to and from Lukla.
- Experience local hospitality with guest house accommodation in the mountains.
- Benefit from the expertise of government-authorized guides and porters with extensive trekking experience.
- Rest easy knowing that insurance, food, accommodation, and wages for guides and porters are all taken care of.
- Fuel your trekking adventures with hygienic and nourishing meals (breakfast, lunch, and dinner) throughout the journey.
- Stay equipped with essential gear such as sleeping bags, down jackets, duffle bags,

and trekking poles.

- Ensure your safety with a comprehensive First Aid Kit available during the trek.
- Navigate the trails confidently with the aid of maps provided.
- Service charges and government taxes are included, so you can focus on enjoying your trek.
- Gain entry to Sagarmatha National Park with the park entry fee taken care of.
- Celebrate the successful completion of your trek with a memorable post-trek dinner in Kathmandu.

Cost Excludes

- International airfare: The cost of your flights to and from Nepal is not included.
- Additional meals in Kathmandu: Apart from breakfast, meals in Kathmandu are not provided.
- Personal expenses: Expenses related to shopping, souvenirs, and personal needs are not included.
- Shower and electronic charging fees: Some guest houses may charge for hot showers and charging electronic devices during the trek.
- Alcoholic drinks, chocolates, tea, and coffee: Any purchases of alcoholic beverages, snacks, and additional beverages are not covered.
- Tips for guide and porter: Gratuities for the guide and porter are not included and are at your discretion.
- Extra accommodation and meals beyond the itinerary: If you extend your stay or require additional accommodation and meals outside the planned itinerary, those costs will be additional.
- Unforeseen costs: Expenses arising from unexpected events like cancellations, weather problems, property damage, or illness are not covered.