

Annapurna Base Camp Trek - 14 Days

Facts

Destination: Nepal

Trip Difficulty: Medium

Trip Style: Trekking

Transport: Drive

Food: Breakfast, Lunch, Dinner (BLD)

Accommodation: Budget Hotels & Mountain Lodges

Group Size: Min 2

Max Elevation: 4130M

Annapurna – which transliterates into “the Goddess of the Harvests”, is a section of the Himalayas located in north-central Nepal. Included in the Earth’s eight-thousands, it is noted as one of the most precarious mountains to summit. However, the Annapurna Base Camp Trek enables you to spectacle this grand massif, in all its glory. You will be in the midst of green fields and rhododendron forests, at a comfortable altitude, that does not demand extreme altitude acclimatization.

This journey will lead you to the base camp, where you can see the snow caps of 12 mountains that are at a higher elevation of over 7000 meters. Annapurna Base Camp Trek is an ideal trek for beginners who want to view the picturesque mountains and locales with relative ease. The warmth of the residents and accounts of the enigmatic traditions of Nepal are riveting. The charm of the countryside is heightened with a panoramic view that is eternally imprinted into one's memory. The journey commences from Kathmandu to Pokhara, followed by the remote village of Nayapul. Included on the trekking route is the village of Tikhe Dhunga which includes a diversity of people you will meet, belonging to different castes and cultures. This area houses several monasteries and is of religious significance as well. The countryside is covered with luscious rhododendron forests and wildlife, under the protection of Annapurna conservation groups. You can also experience the hot springs on your route through the village of Jhinu Danda, for leisure. At this point, you would have begun to explore the small villages located in rural areas of Nepal toward the Himalayas, lodging at various guest houses and trekking on small walking trails.

On day five, you will have a six-hour trek to Ghorepani, where ancient traders used to bring their horses for water. You will be able to rest before trekking to Tadapani, Chhomrong, Dovan, and Deurali, before reaching the Annapurna base camp. The feasible duration for trekking to the Annapurna base camp is September through November and March through May. During the spring season, the entire landscape gets covered with rhododendron flowers, creating an alluring vision.

Going on the trek during monsoon season, the period between June through August is not advisable. For those with time constraints, we provide the "Instant Annapurna Base Camp Trek" designed especially for people who would like to get to the Annapurna base camp in 10 days. For a reasonably relaxed trip, it is best advised to sign up for the standard Annapurna Base Camp 15 days trek. Joining The Trekkers Society for this trek ensures a holiday that will empower you to experience the ethos of the fabled Shangri-la.

Highlights

- Sightseeing UNESCO WORLD HERITAGE sites in Kathmandu Valley.
- Impressive Sunrise and mountain views from Ghorepani and Poon Hill
- Typical Gurung village along the trekking route
- Fishtail (Machhapuchhre) Base Camp
- Spectacular mountain and glacier views from Annapurna Base Camp
- Natural Bath in hot spring at Jhinu

Day to Day Itinerary

- Day 01: Arrival at Kathmandu airport (1350meters).**
- Day 02: Pre-trip Meeting and Sightseeing around Kathmandu valley.**
- Day 03: Drive to Pokhara (820 m) - Around 7 hrs / (Optional)Flight to Pokhara.**
- Day 04: Drive to Nayapul (1,010m) - around 1 hr. and Trek to Ulleri (2,055m) – 5-6 hrs.**
- Day 05: Trek to Ghorepani (2,840m) – 4-5 hrs.**
- Day 06: Hike up to Poon Hill (3,210m) in the morning; and trek to Tadapani (2,610m)**
- Day 07: Trek to Sinuwa (2,340m) – 5-6 hrs.**
- Day 08: Trek to Deurali (3230m) – 6-7 hrs. Overnight at a guesthouse.**
- Day 09: Trek to Annapurna Base Camp (4,130m) - 7 hrs**
- Day 10: Trek back to Bamboo (2345m) - 7 hrs**
- Day 11: Trek to Jhinu hot spring (1,780m) - 5 hrs**
- Day 12: Drive to Pokhara - 3 hr.**
- Day 13: Drive back to Kathmandu (1,345m) and Farewell Dinner**
- Day 14: Transfer to the international airport for your final departure**

Cost Includes

- Airport / Hotel / Airport pick up & drop by private tourist vehicle.
- Standard twin sharing accommodation in a tourist category hotel in Kathmandu; Breakfast included. (3 nights)
- Standard twin sharing accommodation in a tourist category hotel in Pokhara; Breakfast included. (2 nights)
- Guided city tour in Kathmandu and Pokhara by private tourist vehicle.
- All your standard Meals during the trek (Breakfasts, Lunches, and Dinners).

- Lodges, Guesthouse's accommodation during the trek (9 nights Trekking in Possible best and available Guesthouse).
- Local Government licensed English-speaking guide.
- The required number of local staff and porters to carry your luggage during the trek (We assign one porter for every two guests).
- Food, accommodation, salary, insurance, equipment, and medicine for all staff.
- Annapurna Conservation Area Permits and TIMS permit for trekking.
- Duffel Bag and sleeping bag by The Trekkers Society (which need to be returned after the trek).
- Office logo printed T-shirt
- Surface transfer from and to Kathmandu.
- Farewell dinner in a typical Nepali Restaurant with a cultural dance show on the second last day
- All our government taxes, vat, tourist service charges.
- Official expenses.

Cost Excludes

- Lunch and dinner in Kathmandu and Pokhara.
- Travel insurance which covers emergency Rescue and Evacuation.
- International airfare
- Nepal entry visa fee
- Alcoholic, hot and cold drinks.
- Personal trekking Equipment
- Tips for trekking staff and driver (Tipping is expected).
- Any others expenses which are not mentioned in the 'Price Includes' section.